



Sana Turnock is a qualified clinical aromatherapist with a love and passion for all aspects of aromatherapy. She is an educator, practitioner and consultant in the field and the author of the book *Complementary Therapies – Holistic Success Stories*. She is also the founder of the Aroma Casa product range.

Apart from aromatherapy, Sana is a qualified Australian Bush Flower Essence consultant, reflexologist, massage therapist and Usui Reiki master. She has spent numerous years studying aspects of energetic medicine for personal interest and as part of her ongoing studies.

Aromatherapy and holistic health overall, is a way of life for Sana and she embraces it whole heartedly. She enjoys leading a peaceful and harmonious lifestyle.

For further details log on to www.aromacasa.com



Flower Power Energetics in Action

Sana Turnock

"Sana Turnock has written a book that reflects the life of a human being who is totally committed to helping our planet and all living beings through the support of essential oils and bush flower essences. It opens many doors and paves the way for an approach of global medicine of the third millennium.

Thank you, Sana, for bringing your active and very practical contribution to this immense task."

Dr Daniel Penoel
Vallée de la Drôme, France

"*Flower Power Energetics in Action* is beautiful 'inside and out'. I couldn't put it down... I LOVE IT! Sana, you truly are a gifted writer and healing practitioner.

This book is a must have for all energy workers, aromatherapists and flower essence practitioners!"

Kelly Holland Azzaro,
Vice President
National Association for Holistic Aromatherapy
The United States



Flower Power Energetics in Action

*Take the ultimate botanical,
spiritual and creative journey
towards inner healing,
harmony and empowerment*



Sana Turnock

You are invited to delve into the mysterious world of aromatic plants – specifically essential oils and bush flower essences. Take the ultimate botanical, spiritual and creative journey towards inner healing, harmony and empowerment. Folk lore, anecdotes, research and scientific development are the ways you engage the aromatic plant realm – in the bottled form or their organic state.

Flower Power Energetics in Action moves beyond essential oil and bush flower essence profiles and into a world of nature and energetic connection. Not only will you read about plants and gain insight into their unique qualities, you are given the opportunity to explore them through activities and techniques that promote joy, creativity, spiritual and personal development. Overall it informs, educates, entertains and inspires you to take action – flower power action!